

Item	Season
artichoke	spring - fall
asparagus	summer - fall
bachelor buttons	spring - fall
beets	year round
borage	spring - fall
broccoli	year round
broccoli raab	year round
brussel sprouts	fall - winter
calendula	year round
carrots	year round
cauliflower	year round
chard	year round
cilantro	year round
collards	year round
cucumbers	summer - fall
dill	summer - fall
edible flowers	spring - fall
eggplant	summer - winter
fava beans	year round
fennel	summer - fall
garlic	year round
green beans	spring - fall
hops	summer - winter
kale	year round
kolrabi	year round
leeks	year round
lettuce	year round
long beans	summer - fall
marjoram	year round
melons	summer - fall
mint	year round
mustards	year round
nastrushum	year round
nigella	summer - fall

Item	Season
okra	summer - fall
onions	year round
parsley	year round
peppers	summer - winter
persimmons	summer - fall
pomegranates	winter
radishes	year round
rose hips	year round
rosemary	year round
sage	year round
savory	summer - fall
scallions	year round
scapes	year round
shallots	year round
snap peas	fall - spring
snow peas	fall - spring
strawberries	spring - fall
summer squash	summer - fall
sunflowers	year round
tarragon	year round
thyme	year round
tomatillos	summer - fall
tomatoes	summer - winter
winter squash	fall - winter